



the sanctuary

price list 2024



	single	course of 6	course of 12
Foot Reflexology <ul style="list-style-type: none"> can be tailored for fertility, pregnancy or menopause 	£37	£204 (£34/session)	£372 (£31/session)
Facial Reflexology <ul style="list-style-type: none"> can be tailored for fertility, pregnancy or menopause 	£42	£240 (£40/session)	£456 (£38/session)
Auricular (Ear) Reflexology & Ear Seeds <ul style="list-style-type: none"> ear seed application only £20 follow up ear seed re-application £10 	£40		
Menopause Face, Hand & Foot Reflexology <ul style="list-style-type: none"> courses of 6 and 12 include tailored treatments and self-help suggestions as we track your progress 	£75	£380 (£63./session)	£720 (£60/session)
Zone Face Lift <ul style="list-style-type: none"> course of 12 includes free ZFL tool and tailored treatments with some additional add-ons included 6 session maintenance just £300 for existing ZFL clients 	£75	£380 (£63./session)	£720 (£60/session)
Facial Cupping	£37		
Facial Gua Sha	£42		
Cranial Gua Sha	£37		
Hopi Ear Candling	£35		
Indian Head Massage <ul style="list-style-type: none"> can be a seated or lying down sequence 	£35		
Holistic Facials using Neal's Yard Remedies <ul style="list-style-type: none"> Mini Facial 'Tailored To You' Facial Revital'eyes' Facial ManKind Facial Wild Rose Facial Anti-Ageing Facial 	£35 £45 £45 £45 £45 £55		

Treatments may be combined - take **£10 off** each additional treatment price to **design your own pampering session!**

Bring a friend
Come together and each will get **£5 off** your treatment

Gift Cards can be purchased - both plastic and e-gift cards

Please note that late cancellations incur a fee of 50% of the treatment cost (min £20) and courses of treatments are non-refundable but any outstanding balance may be transferred to a gift card to use towards other treatments, subject to any necessary deductions.