



the sanctuary



price list 2022

	single	course of 5	course of 10
Foot Reflexology	£35	£160	£300
Can be tailored for fertility, pregnancy or menopause at no extra cost			
Facial Reflexology	£40	£185	£350
Can be tailored for fertility, pregnancy or menopause at no extra cost			
Indian Head Massage	£30	£135	£250
Can be carried out in a seated position or as a lying down sequence, which is best when combining with additional treatments			
Hopi Ear Candling	£30		

	single	course of 6	course of 12
Zone Face Lift TM	£75	£360	£720
The course of 12 treatments include a free ZFL tool and tailored treatments which may include targeted facial cupping and holistic facial or foot reflexology as well offering self help suggestions			
Zone Face Lift TM - 6 sessions maintenance (existing ZFL clients)		£300	
Menopause Face, Hand & Foot Reflexology	£75	£360	£720
The courses of 6 and 12 treatments include tailored treatments and self help suggestions as we track your progress			
Facial Cupping - standalone treatment	£35	£180	£360

(Treatments may be combined - £10 off each additional treatment price)

Holistic Facials using Neal's Yard Remedies Organic products

Mini Facial	£30		
'Tailored To You' Facial	£40		
Revital'Eyes' Facial	£40		
ManKind Facial	£40		
Wild Rose Facial	£40		
Anti-Ageing Facial	£50		

credit card payments welcome



gift vouchers available